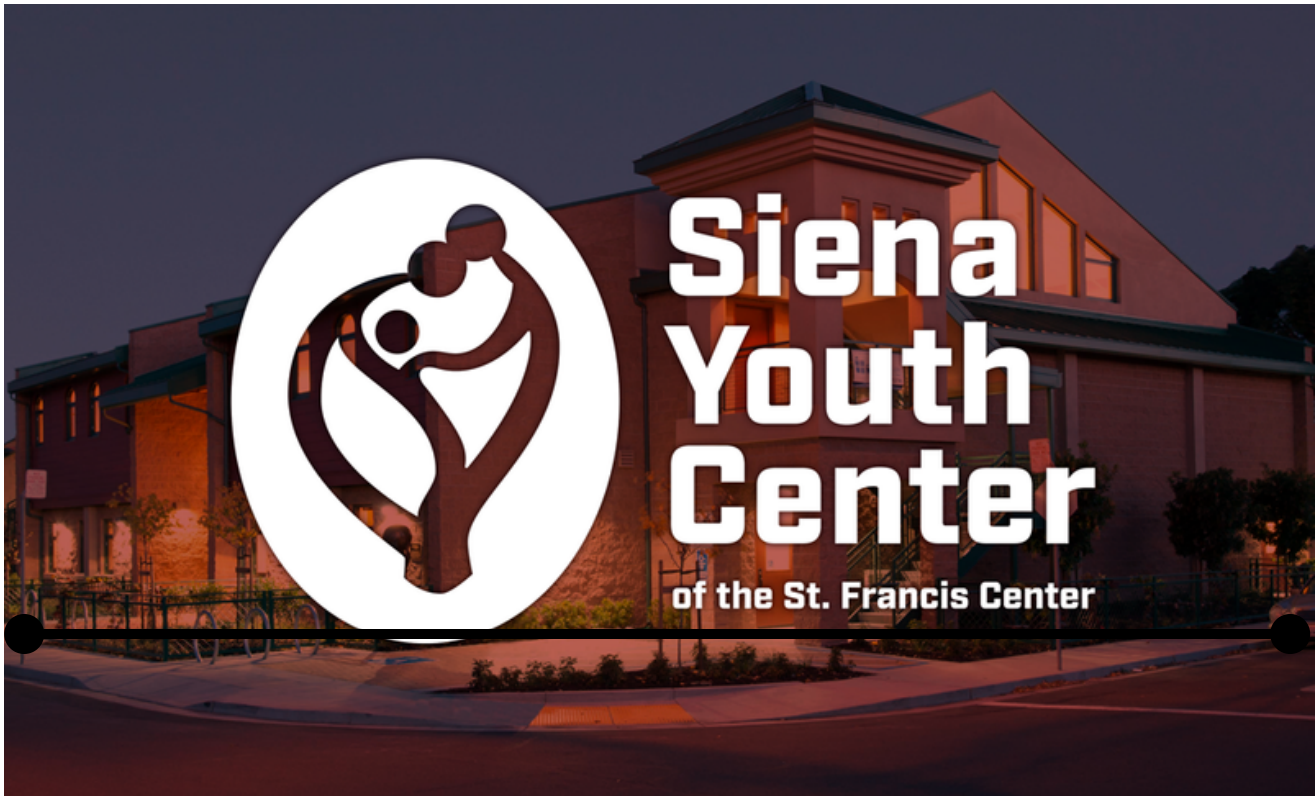


SYC REPORT

2625 Marlborough Ave. | Redwood City, CA 94063

After School Program & Community Center



SIENA YOUTH CENTER

of the St. Francis Center

The Siena Youth Center (SYC) is a non-profit organization program part of the St. Francis Center in Redwood City. The center was established in 2012 to help serve the needs of the community. The youth are served through our after-school and summer camp programs, and families are served through our community center, gatherings, and events.

Despite the setbacks of COVID-19, we have been able to continue our services to the youth, families, and community. All of our services have been modified to meet the guidelines and protocols set by the San Mateo County Department of Health and Department of Education. The safety and well-being of our youth and community are our top priority.

Follow us on our social media for more updates:

Facebook: @sienayc

Instagram: @sienayouthcenter

OUR MISSION

Our mission to provide a safe, fun, educational, and active environment for the youth and families in the North Fair Oaks and Redwood City communities.



Our Four Focus Areas

EDUCATION:

Our main focus is to make learning fun and make a quality education accessible.

HEALTH & WELLNESS:

Our focus is to make sure our community has a good mental and physical health.

LEADERSHIP & ADVOCACY:

Our focus is to make our youth be leaders and advocates in their community.

COMMUNITY:

Our focus is to bring members of the community together to learn and grow.



WHOLE | HAPPY | HEALTHY



OUR FIVE PROGRAM GOALS

GOAL 01:

Improve student academic achievement.

GOAL 02:

Increase student movement and activity.

GOAL 03:

Strengthen youth our leadership.

GOAL 04:

Positively increase students' mental well-being.

GOAL 05:

Provide more community workshops to parents.



SYC'S DATA & STATISTICS

135

Participants

40

Tutors

20

in Counseling

8

NFOYI Coaches

70%

Female Head of Household

11

JVP Junior Coaches

80%

Extremely Low Income

15%

Very Low Income

5%

Low Income



ONLINE VIA ZOOM



- **3:00pm to 4:00pm**
 - Students join on for homework and/or to receive one hour of one-on-one tutoring.
- **3:30pm to 4:00pm**
 - Students with no homework join on to complete 20 minutes of reading and 10 minutes of math practice.
- **4:00pm to 4:30pm**
 - All students engage in thirty minutes of movement time, exercise, and/or yoga.
- **4:30pm to 5:30pm**
 - Students who have completed their homework are able to join our enrichment classes, which vary day to day.

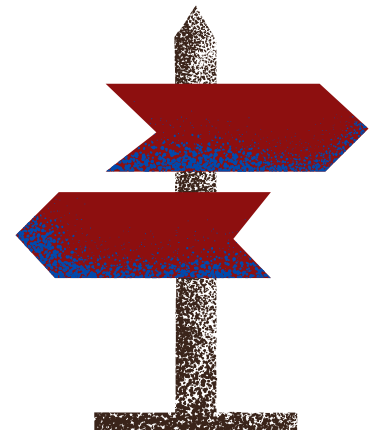
IN-PERSON PROGRAMMING

- **3:30pm to 4:30pm**
 - Students come in to work on their homework and/or receive one hour of one-on-one tutoring.
 - Students with no homework join on to complete 20 minutes of reading and 10 minutes of math practice.
- **4:30pm to 5:30pm**
 - Students who have completed their homework are able to join our enrichment classes, in-person or online, which vary day to day.
- **5:30pm to 6:00pm**
 - All students engage in thirty minutes of movement time, exercise, sports, games, and/or yoga.



IN-PERSON SCHEDULE

- **Monday + Tuesday**
 - Grades 1-4 (Group A)
- **Wednesday + Thursday**
 - Grades 5-8 (Group B)
- **Friday**
 - NFOYI + JVP for Trainings



SYC/COVID GUIDELINES

for in-person programming

ENTERING SIENA:

- Only SYC Staff Members and SYC Youth are allowed inside the building.
- Everyone entering our building must wear a mask.
- Everyone must have their temperature taken.
- Before proceeding, everyone must sanitize their hands.

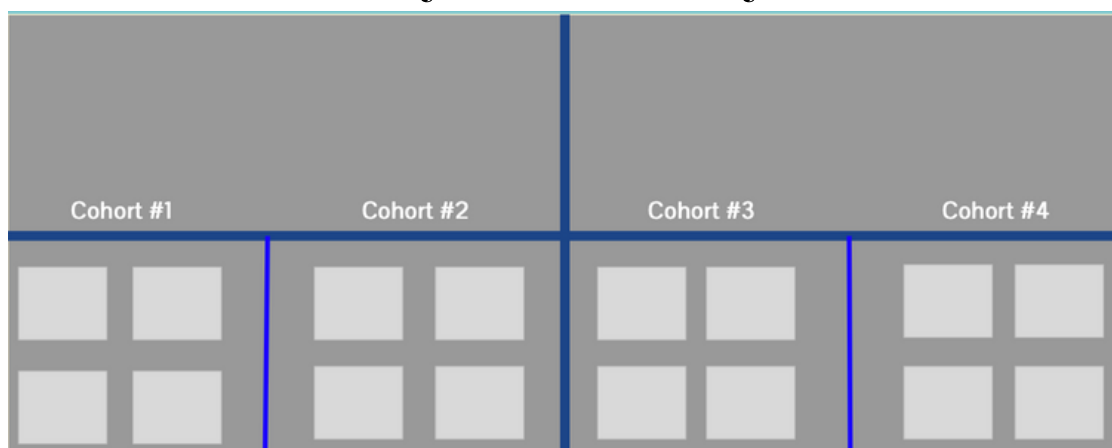
INSIDE SIENA:

- There is no food allowed inside the building.
- We have unisex bathrooms: one bathroom for each group.
- There are no more than 30 students inside the building per day.
- Students wash their hands regularly and disinfect what they've touched.
- Students are in cohorts based on grade.

KEEPING SIENA CLEAN & SAFE:

- Our cleaning crew does deep cleans every Tuesday and Friday, before the next group comes in.
- All grade cohorts are given their own set of supplies.
- All staff members get tested regularly.

SYC Gymnasium Layout



WEEKLY SCHEDULE OF ENRICHMENT CLASSES

MONDAY:

- Online: Robotics Club (community partner)
- Online: Coding for the Future (community partner)
- In-Person: Coach Mariam's Volleyball Class (NFOYI coach)

TUESDAY:

- Online: Nutrition/Planting Class with 1 Grain to 1000 Grains (community partner)
- Online: New Voices for Youth (community partner)
- Online: Elizabeth's Writing Class for Grades 1-3 (community partner)
- In-Person: Coach Jenny's Art Class (SYC coach)

WEDNESDAY:

- Online: Coach Joanna's Art Class (NFOYI coach)
- Online: Coach Martin's Bulldog Riders (NFOYI coach)
- In-Person: Coach Mya's Writing Class for Grades 5-8 (NFOYI coach)
- In-Person: Coach Esperanza & Coach Yuriana's Dance Class (NFOYI coaches)

THURSDAY:

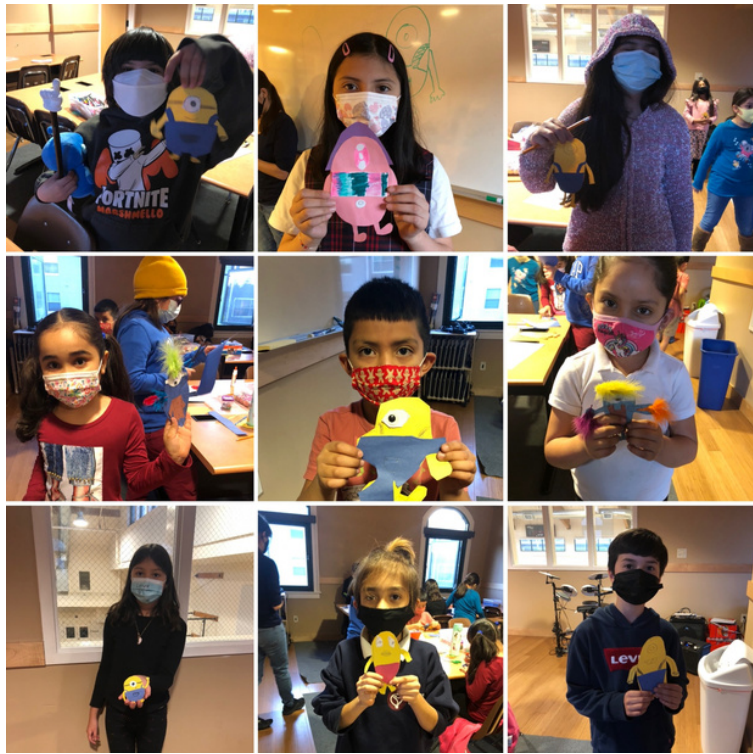
- Online: Boys Mentoring Group (community partner)
- Online: Girls Mentoring Group (community partner)
- In-Person: Coach Ricky's Leadership Class (NFOYI coach)

FRIDAY:

- Online: Movie Day
- In-Person: NFOYI Trainings with Coach Edgar
- In-Person: JVP Trainings with Mr. Torres



SYC'S AFTER-SCHOOL PROGRAM



MINION ARTS & CRAFTS



SYC MOVIE & PAJAMA DAY



**CHRISTMAS RELAY
RACE WINNERS**



**STOCKING ARTS & CRAFTS
WITH COACH JENNY**

SYC Timeline

JULY 2020: NEW DIRECTORS & NEW DIRECTIONS

During the summer, the Siena Youth Center (SYC) underwent an administrative change. As a result, Mr. Hugo Torres is now serving as the new Director of Programs with Coach Edgar Tenorio as the new Assistant Director. Together, they have made changes to the program, so that it better meets the needs of the community.



AUGUST 14, 2020: THE NFOYI TEAM IS READY

The North Fait Oaks Youth Initiative (NFOYI) is a leadership program within SYC that is curated for high school students seeking to give back to their community by serving as leaders and mentors to the youth in our after-school program. We have selected 7 high school students to join our team and push our mission forward.

A special thank you to our coaches: Martin Cardoso, Mariam Cervantes, Joanna Contreras, Mya Gutierrez, Ricardo Hernandez, Yuriana Martinez, and Esperanza Ramirez.

AUGUST 17, 2020: FIRST DAY OF SYC

Due to COVID, all of our in-person programs and events were put on hold for the safety of the youth, families, and community. As a result, SYC's After-School Program was first opened through Zoom. Mr. Torres and Coach Edgar did not want money to be the reason a student was unable to sign up, so they decided to make the program free of charge.

A special thank you to our staff member from AmeriCorps, who is completing one year of post-graduate service: Coach Jennifer "Jenny" Castro.

SYC Timeline

SEPTEMBER 4, 2020: FREE TECHNOLOGY

After running our after-school program, it became evident that certain students had trouble joining online, they did not have the resources, or they were joining in from a parent's phone. Early on, Mr. Torres and Coach Edgar kept track of students who were in need of better technology. On this day, we were able to give out 9 free Chrome-books, so students can access their school, schoolwork, and our after-school program.



SEPTEMBER 13, 2020: BIKE REPAIR STAND

The Siena Youth Center partnered with the San Mateo County to install a free bicycle repair stand outside of our building, so it is open to the community. Almost every day, you can see someone use the stand to repair their bicycle.

OCTOBER 5, 2020: RWC SCHOOLS PARTNERSHIP

Mr. Torres and Coach Edgar value the importance of education and have worked together to make it the program's main focus. In order to ensure the success of each student, our directors reached out to the education coordinators and were able to establish a partnership, where everyone meets once a week to go over each student's grades, progress, attendance, and homework.

OCTOBER 19, 2020: SYC OPENS ITS DOORS

After weeks of drafting multiple plans and working on a waiver, the San Mateo County Department of Health and Department of Education approved SYC's waiver to begin in-person programming. On this day, Siena was finally able to open its doors to the youth.

SYC Timeline

OCTOBER 23 + 26, 2020: FLU VACCINE CLINICS

Since SYC opened its doors and in-person programming, our directors wanted to ensure that our students were safe and healthy. As a result, SYC partnered with CVS to provide flu vaccinations to the youth, their families, and the communities at no cost with or without insurance. The demand was so huge the first day that CVS agreed to come back a second day to vaccinate more people. We were able to get 110 people in the community vaccinated.

OCTOBER 27, 2020: COMMUNITY WORKSHOP #1

After establishing a strong after-school program, our directors were ready to help the people and parents in the community. SYC partnered with Friends for Youth and Starvista to offer a free community workshop online through Zoom about supporting kids and their mental health, especially with the effects of the pandemic.

NOVEMBER 29, 2020: FLU VACCINE CLINIC #3

After the success of the first two flu vaccine clinics, there were still a need to vaccinate more people in the community. Luckily, SYC was able to partner with the San Mateo County and Dignity Health to offer free flu vaccinations to the community. That day, we were able to get an additional 60 people vaccinated.



SYC Timeline

DECEMBER 1, 2020: COMMUNITY WORKSHOP #2

SYC partnered with Friends for Youth and Starvista to offer a free community workshop online through Zoom about suicide prevention because the amount of cases has increased during the pandemic.

DECEMBER 17, 2020: COMMUNITY WORKSHOP #3

SYC partnered with Friends for Youth and Starvista to offer a free community workshop online through Zoom about social media, so parents and adults have an awareness of the effects of technology and social media.



DECEMBER 18-19, 2020: NFOYI RETREAT

Since the SYC staff is short staffed, we rely heavily on the help of our high school students, part of the NFOYI. As a reward for all their help, we were able to camp inside Siena and enjoy games, food, movies, baking, sports, and many more team-building activities.

JANUARY 8, 2021: JVP IS IN FULL EFFECT

After much anticipation, Mr. Torres was finally able to start the Junior Volunteer Program (JVP), which is another leadership program within SYC that is comprised of high achieving middle school students that demonstrate great leadership skills and potential. We have selected 8 very promising students, and they will assist our coaches and SYC team to run classes and enforce our mission.

A special thank you to our junior coaches: Pablo Barron, Diana Caamal, Cecilia Caracheo, Ryan Carlos, Albert Cesena, Karina Gamez, Julieta Martinez, Emanuel Orocio, Emily Prado, Lesley Sanchez, and Maritza Valencia.

SYC Timeline

JANUARY 16, 2020: FREE COVID TESTING

After the holiday break, Mr. Torres and Coach Edgar anticipated that the cases in the county and community would increase. As a result, once everyone returned from the holiday break, they decided to make the first two weeks of the after-school program online through Zoom. Our directors worked with the county and Curative to provide free COVID testing to the youth, families, and community. Student who submitted a negative test result were able to begin in-person programming the following week.

At the end of the day, we were able to get 529 people in the community tested for COVID.

JANUARY 22, 2021: NFOYI + JVP JOIN FORCES

After being able to return in-person, we were able to have our high school coaches and our junior coaches meet each other and establish a strong team. Normally, both cohorts receive their individual training, but in place of that, they worked on getting to know each other, team building, and planning for a successful school year.



JANUARY 29, 2020: SYC TEAM IS VACCINATED!

The SYC Team was blessed and fortunate enough to receive the COVID-19 vaccine through the support of Dignity Health. Their supports allows us to continue our service and mission.



SYC Timeline

FEBRUARY 16, 2021: COMMUNITY WORKSHOP #4

Our SYC Staff Member "Coach Jenny" conducted her very first Community Action Meeting for the families and community about Emergency Preparedness for Natural Disasters. We had a total of 24 families attend the meeting via Zoom. At the end of the workshop, we were able to raffle off three bicycles to the youth.

MARCH 22, 2021: MENTAL HEALTH WEEK #1

Our very own Coach Sean Vallor from Adolescent Counseling Services provided an introductory mental health presentation to our young program participants to bring awareness and ignite a discussion. The presentation was structured for 35 students from grades 1-4.

MARCH 22, 2021: VACCINE COMMUNITY MEETING

Mr. Torres and Coach Edgar held an emergency Community Action Meeting to discuss the COVID-19 Vaccine. The meeting was used to address any concerns, debunk any myths, and answer all questions. Our meeting was supported by having an expert in the medical field, Raquel Romero, attend and help answer all questions.

MARCH 24, 2021: MENTAL HEALTH WEEK #2

To support SYC's Mental Health Week, we partnered with Friends for Youth and One Life Counseling Services to provide an online mental health training to all of our students. The topic was based on the stigma of mental health in the Latinx community and culture. The presentation was structured for 30 students from grades 5-8.



SYC Timeline



MARCH 25, 2021: SYC COVID VACCINE CLINIC

In partnership with Dignity Health and Sequoia Healthcare District, they were able to provide 300 COVID vaccines to Siena Youth Center. The vaccines were designated and reserved to serve our underprivileged and underserved members of the community who are at the front lines working as essential workers. Our youth center was quickly transformed into a clinic to serve our community from 9:00am to 3:00pm.

Pictures coming soon....